

MINIMALIST BEACH PACKING LIST

1-2 HOURS

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|---|--|
| ☐ Sunscreen | ☐ Diapers & Wipes |
| ☐ 16 oz of water/person | ☐ Favorite Baby Carrier (if needed) |
| ☐ 1-2 Towels | ☐ Zip-up Rashguard |
| ☐ Floaties | ☐ Chapstick |
| ☐ Sunglasses/hats | ☐ Hair Ties (for long hair) |
| ☐ Sea Shell Collection Bag | ☐ |

2-4 HOURS

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|---|--------------------------|
| ☐ Beach Blanket | ☐ |
| ☐ 1 snack/person | ☐ |
| ☐ Small Set of Sand Toys | ☐ |
| ☐ Change of Clothes (leave in the car) | ☐ |
| ☐ 32 oz of water/person | ☐ |
| ☐ Umbrella for shade | ☐ |

Pack from the 1-2 hour list + this list (water amount is total,
not in addition to)

4-8 HOURS

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|--|---|
| ☐ Lunch | ☐ Portable/Pop up Cabana |
| ☐ Cooler or Cooler Bag | ☐ Beach Chairs |
| ☐ 64 oz of water/person | ☐ Small First Aid Kit |
| ☐ Extra Sunscreen | ☐ Extra Reusable Bag |
| ☐ Additional Towels | ☐ |
| ☐ Extra Diapers & Wipes | ☐ |

Pack from the 2-4 hour list + this list (water amount is
total, not in addition to)